

VOLUME 17, NO. 11

THURSDAY, MARCH 15, 2012

25 CENTS



In Memory to Dr. Stanley Kornhauser



Stanley, the staff of the Queens Times will miss you, our readers will miss your wonderful articles, but most of all you will missed by all your friends and family for the love you carried to them and to all you came into contact with. You made everyone feel so special. We wish you a pleasant journey on your new endeavors. You will be truly missed by all.

Bayside – Whitestone Lions Celebrate Community Sports



Pictured L to R: Auburndale Soccer Club Vice President Debbie Luongo, Dwarf-Giraffe Athletic League Vice President Jose Rodriguez, Auburndale Soccer Club President Mario Mastronardi, Dwarf-Giraffe Athletic League President Jay Vigorito, Bayside Little League Commissioner Bob Reid, and Bayside - Whitestone Lions Club President Paul Vallone.

It was Sports Night for The Bayside – Whitestone Lions Club as the club held its monthly meeting on Wednesday, March 8th at the law office of Vallone & Vallone. Executive officers of the Dwarf-Giraffe Athletic League, Bayside Little League, and Auburndale Soccer Club discussed their respective clubs' missions and stressed the importance of sports for our children and in our communities. All three organizations combined are responsible for teaching close to 3,000 local children various sports, including

(Continued on page 2)

Congressman Crowley Celebrates Women's History Month



Rep. Crowleyhonorslocal communityleadersathis7thannualWomen'sHistoryMonthcelebration(fromlefttoright:Eileen Reilly, Rep. Crowley, Assemblywoman Nolan, Luna Ranjit). Photo by Dominick Totino Photography Seestory on page3.

Councilman Gennaro Speaks at "Gasland" Screening at Queens College

Educating New Yorkers on Fracking's Perils: Councilman James F. Gennaro speaks to Queens College students and Queens residents on Monday before a screening of the 2011 Oscar-nominated documentary "Gasland." The film discusses the environmental and health threats posed by "fracking," the process of pumping pressurized chemicals deep underground to fracture rock and extract natural gas. Gennaro's work on fracking is featured in the film.

At the screening Monday, Gennaro urged students to get informed and become involved in the dialog about the state's proposal to allow fracking in New York State.







Times at 48-08 111th St., Corona, NY 11368.

Legal Corner: "I Recently Transferred My Property, **Am I Still Protected?**"



In my last article we discussed the necessity for an updated Last Will and Testament, Health Care Proxy, Living Will and the need to update your Power of Attorney to the newly drafted Power of Attorney, as of September 12, 2010.

Today, I want to focus on the new challenges facing anyone contemplating a deed transfer of their home or any other proprietary interest. Traditionally, estate and elder law attorneys have advised protecting the family property by transferring the deed to a trust or directly to other

family members. The final decision always rests on the ultimate goal of the client and the personal Estate Plan prepared for our clients. The possibility of applying for Medicaid benefits must be addressed and the impact it may have on your Estate.

A pending Medicaid application or medical illness of one or both of the spouses often leads to the use of an Irrevocable Trust to shield any property, or asset, transferred into the trust. However, the transfer of any asset, for purposes of nursing home Medicaid applications, is always subject to a five year "look back" period. As of February 8, 2006, the previous three year look back period was extended to five years by the deficit Reduction Act of 2005.

Leave it to our New York Legislature to drastically change how Medicaid can recover against Estates. As of September 8, 2011, New York passed emergency regulations that can now penalize or seek recovery by Medicaid for any asset transferred subject to a Life Estate. A Life Estate has been

used for decades to protect a mother, father, spouse or new owner's right to continuously live in the property they previously owned, for the remainder of their life/ lives. Under the new regulations, Medicaid may recover from any estate containing property that retained a Life Estate, no matter when the property was originally transferred. This jeopardizes the previously discussed "five year look back period".

The New York State Elder Law Association is currently challenging the constitutionality of this new law. The current chilling effect of these regulations has become the newest challenge facing elder law attorneys and their clients. Stay tuned.

NOTE: Paul Vallone is currently the Managing Partner of Vallone & Vallone, which has provided over 80 years of Legal Services in Estates, Elder Law, Real Estate and Civil Litigation, 22-45 31st Street, Astoria, New York (718-204-2929), 25-59 Francis Lewis Boulevard, Flushing, NY (718-428-7285) www.vallonelaw.com

Bayside – Whitestone Lions Celebrate Community Sports

(Continued from page 1)

baseball, soccer, basketball, and President Paul Vallone

upcoming events: the Free Tree Giveaway Program on Saturday, April 28th from 11am – 2pm, and the Scholarship Awards Dinner at Verdi's on Thursday, May 17th from

7-9pm. The Bayside - Whitestone Lions Club will meet Wednesday, April 4th at 7pm at the law office of Vallone & Vallone, located at 25-59 Francis Lewis Boulevard.



LOCUST MANOR SENIOR RESIDENCE

We are pleased to announce that applications are now being accepted for Locust Manor Senior Residence, an eight story building with 59 affordable one bedroom rental apartments for seniors. Eligible applicants must be age 62 or older. These units are located at 170-06 Baisley Blvd. Jamaica, NY 11434.

Rents will range from \$731.00-\$888.00 per month, unit rents are determined by income level. Eligible annual income levels will range from \$29,300 to \$35,160 for single person households and \$33,450 to \$40,140 for two member households.

To be eligible for occupancy, all prospective tenant incomes must be verified and certified by onsite housing staff... For an application, please call (516) 437-0900 ext. 32 give your name,

address, and telephone number, and an application will be mailed to you or you may visit www.rentalapp.us and print-out an application.

Completed applications must be returned by regular mail only, no later than April 27, 2012 to P.O. Box 3556, New Hyde Park, NY 11040. All applications sent by certified, registered or express mail will be returned to the sender and will not be considered. All applications will be selected on a first come first serve basis. Only one application per household may be submitted.

No Brokers Fee





Governor Cuomo Announces \$3.5 Million Household Appliance Rebate Program

Rebates Are Available for High-Efficiency Refrigerators and Clothes Washers

Governor Andrew M. Cuomo today announced the "Buy Green, Save Green NYS High-Efficiency Appliance Rebate Program" with \$3.5 million in federal funds available to New York residents for the purchase of high-efficiency ENERGY STAR® refrigerators and clothes washers. The program begins Monday, March 19.

The funding is being provided by the U.S. Department of Energy's State Energy Program.

Rebates of \$350 will be available for high-efficiency refrigerators and \$250 for high-efficiency clothes washers that meet Consortium for Energy Efficiency (CEE) super-efficiency levels (tiers 2 and 3). Super-efficient appliances use significantly less electricity than the federal standard and are at the upper end of ENERGY STAR efficiency levels. Superefficient clothes washers also use less water than standard washing machines. Visit www.ceel.org for more detail about super-efficient refrigerators and clothes washers.

⁷This rebate program gives residents the funding to make their homes more energy efficient, it makes it possible for New Yorkers to spend less on energy costs, and it provides a needed boost to retailers across the state," said Governor Cuomo.

The program will be administered by the New York State Energy Research and Development Authority (NYSERDA) with funding from the American Recovery and Reinvestment Act (ARRA).

"Refrigerators and clothes

washers are the appliances where we can make the biggest energy efficiency gains," said Francis J. Murray Jr., President and CEO, NYSERDA. "Last year's 'Buy Green, Save Green' appliance rebate was so successful that all of the available funding was allocated within a few days. We encourage those who are interested in this program to act quickly."

Rebates will be awarded on a first-come, first-served basis for completed applications, which will be available on March 19 at www.NYSApplianceRebates. com or by calling 1-877- NY-SMART (877-697-6278). The site will list high-efficiency refrigerators and clothes washers that are eligible for rebates.

Purchases made before March 19 are not eligible for rebates. The program will continue until funding runs out.

Congressman Crowley Celebrates Women's History Month

Congressman Joe Crowley (D-Queens, the Bronx), along with leaders from across New York's 7th Congressional District, celebrated Women's History Month at Daizie's Restaurant in Queens. During the event, Crowley honored keynote speaker Assemblywoman Catherine Nolan, and community leaders Eileen Reilly, Executive Director of Maspeth Town Hall, and Luna Ranjit, CEO of Adhikaar, for their contributions to the community. Women's History Month is celebrated nationwide during the month of March and this year's theme is: "Women's Education - Women's Empowerment." A champion of women's rights in both the U.S. and abroad, Crowley has hosted an annual Women's History Month event every year since 2006.

"Women's History Month is a time to reflect on those who stood before us fighting tirelessly for equality and justice, as well as to honor those who continue to work today to expand opportunities and rights for all," said Rep. Crowley. "Women blaze trails for the generation after them – as younger women see their predecessors succeeding, they believe that they can do it too. Our three honorees – Assemblywoman Nolan, Ms. Reilly and Ms. Ranjit – are helping to do just that in our community. Not only are they teaching the values of public service and leadership, but they are setting a positive example for young women in our community."

"I want to thank Congressman Joseph Crowley for honoring me at his 7th annual Women's History Month," said Assemblywoman Catherine Nolan. "It was such a great privilege to be recognized alongside the other honorees Eileen Reilly and Luna Ranjit, who have made such a great impact in our community."

Since 2006, Assemblywoman Nolan has served as the Chair of the Assembly's Committee on Education – a prestigious committee assignment that places her at the intersection of some of the most important issues facing children today. Throughout her career, Assemblywoman Nolan has devoted her energy to issues affecting women and their families. In addition to her work in the Assembly, Nolan is committed to supporting the community through her work with numerous civic associations.

As the Executive Director of Maspeth Town Hall, Eileen Reilly has focused on developing programs in education, recreation, the arts, and health awareness that greatly benefit the community. A lifelong resident of Queens, Reilly is also dedicated to giving back to her community and works to ensure the best possible quality of life throughout Maspeth.

Luna Ranjit is the co-founder and CEO of Adhikaar, a Woodside-based nonprofit working to improve the lives of the Nepali-American community. Whether it is by providing educational services, fighting against injustice, or helping those trying to make ends meet, Ranjit and her organization are making a difference in the community.

Price Of Natural Gas Low Forever? Don't Bet On It!

By John Maniscalco

Natural gas prices are at historic lows, and no one is more disappointed with that state of affairs than the natural gas industry – but rest assured, things probably won't stay that way for too much longer.

Make no mistake, natural gas is going to cost consumers more because in a capitalistic, free-market economy, the price of any given commodity ... whether it's corn, gold, pork bellies or energy ... relies on the one basic economic principle of supply and demand, compounded by excessive speculation.

Sans the speculation factor, if there's more supply and less demand prices should come down. If there's less supply and more demand prices should go up - andwith respect to natural gas there is every indication that that is exactly where we are headed. There are three fundamental rea-

sons why I feel this way. First and foremost, the natural gas industry understands the law of supply and demand so they are moving as quickly as possible to reduce supply. For example, Bloomberg News recently reported that many of the world's largest natural gas producers, including Encana (Canada's largest natural gas supplier and significant source of American energy) and Chesapeake Energy (America's second-largest domestic producer) have already taken steps to reduce the supply of natural gas by idling wells, and it's working. The federal Energy Information Administration reported on Feb. 29th that domestic natural gas production fell by .2% in December 2011. As a result, the agency noted, the price of natural gas futures for April 2012 delivery rose by 1.8%. That trend will continue as the natural gas industry reduces production even further.

Secondly, America is shifting away from coal and toward natural gas to create electricity. For years power generators had misgivings about the reliability of natural gas as a primary source of energy for their power plants. But those concerns have largely been eased by the discovery of domestic sources such as the Marcellus Shale play, which can be tapped via hydraulic fracturing, or, as it's come to be





Phantom of the Opera has a sequel called "Love Never Dies" and it takes place at Coney Island (of all choices). Andrew Lloyd Webber wrote the score and having performed in London it was staged in Melbourne and filmed for a simulcast showing as well as a rerun.

A company called Fathom Events placed it in movie theatres across the country. For about \$20 I got to see what may be an upcoming Broadway performance, although I can't fathom that Phantom and "Love Never Dies" will both be on Broadway at the same time.

I'm not going to review it but give you an inkling of what it's about. The Phantom in Phantom of the Opera doesn't die as we think he might have. Christina has gone off with Raoul and got married. Me thinks that she and the Phantom did the horizontal dance prior as she is with a 10-year-old child that can sing up a storm. Yup, it's his.

The Phantom gets the three plus Madame Giry and her daughter, Meg to perform with what appears to be more like a circus at Coney Island in hopes that Christine will fall back in love with him and SING!

As for Fathom Events, you can not only see live performance being broadcast on the screen but upcoming events include: a filmed version of Joseph and ...that starred Donnie Osmond, and a 3-D version of Swan Lake. "Love Never Dies" included a half hour of behind the scenes and I believe that is one of the added filming to the event. Check it all out on www. fathomevents.com

SHEN YUN AT LINCOLN CENTER

Have you heard of the China known as "The Celestial Em-

pire?" Ancient myths and legends throughout history record that the Middle Kingdom was continually guided by celestial beings. Trational Chinese culture attributes all aspects of its civilization to the heavens, including its script, medicine, attire, music, and classical Chinese dance.

It is this tradition of divinely inspired culture that Shen Yun Performing Arts will be presented at Lincoln Center's David H. Koch Theatre April 18 to April 22. Shen Yun has toured the world for five seasons, sharing the beauty of this lost culture through classical Chinese dance.

Classical Chinese dance is one of the most comprehensive dance systems in the world. Dynasty after dynasty, it was passed down among the people, in imperial palaces and ancient plays. Thousands of years have refined it into a distinctive dance system embodying traditional aesthetics.

One of the strengths of classical Chinese dance is its expressivity. It can vividly depict a wide range of emotions and portray any cherished virtue—righteousness, loyalty, benevolence, and tolerance. It can be masculine and vigorous, soft and graceful, somber and stirring, playful and humorous.

Such range is achieved through bearing and form. Bearing describes the physical expression of one's inner spirit. Spirit leads to movement, thus bearing leads to form.

Form refers to Chinese dance's external appearance—hundreds of unique movements and postures. An accomplished performer makes them appear effortless, but they require a perfect coordination of the entire body that takes years of rigorous training. A dancer's every cell—from toes to fingertips, from the angle of the head to the direction of the gaze must be in perfect harmony.

Classical Chinese dance also has an extensive array of techniques—jumps, spins, flips, aerials and other very difficult tumbling moves. These supplement and enhance the dance's expressive powers while adding vigorous physicality.

And yet, classical Chinese dance is still mostly unfamiliar to the West. But that is quickly changing. Shen Yun is the world's premier Chinese music and dance company; promoting an authentic form of classical Chinese dance is part of its mission. Based in New York, Shen Yun is very different from companies coming out of China.

"With Shen Yun, we use classical Chinese dance in its purist form, we don't mix in modern, contemporary, ballet, and other dance forms until you no longer know what you are watching," says choreographer Vina Lee. "Authentic classical Chinese dance can really give the audience an uplifting experience of pure goodness and consummate beauty."

And with 5,000 years of civilization to draw from, Shen Yun has plenty of source material. Through dance, Terracotta Warriors awaken from the dust, the Song Dynasty general Yue Fei comes to life, Monkey King and Pigsy escape another sticky situation, maidens grace a heavenly palace, drummers shake the yellow plateaus of the Middle Kingdom.

A renaissance of Chinese culture has begun and one of the world's ultimate dance forms is blazing the path. For further information go to www. ShenYun2012.com/NYC

FAIRWAY AIDS TORNADO SURVIVORS

In the aftermath of the tragic 9/11 attacks 10 years ago, countless thousands of people from around the country came to the aid of New Yorkers and others in the metropolitan region impacted by the horrific attacks on the World Trade Center.

Now New York's iconic Fairway Market and its customers are responding in kind. Started last Friday, March 9 and going through Sunday, March 17, all nine Fairway Market stores in New York, New Jersey, and Connecticut will offer customers the opportunity to make a cash donation at the check-out registers of \$1, \$3, or \$5, or a case of water to aid families profoundly affected by the devastating tornados in the Midwest and South last week. The money, which will be matched by Fairway up to \$25,000, will be used to send a truckload of water, canned goods, and other non-perishables items to distribution centers in Alabama, Kentucky, Georgia, Tennessee, Indiana, Ohio, West Virginia, North Carolina, Illinois, Nebraska and Missouri.

Fairway has locations in Manhattan, Brooklyn, Queens, Long Island, New Jersey and Connecticut. For more information, go to www.fairwaymarket.com





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For Entertainment Purposes Only

ARIES (Mar. 21 - April 20)

LIBRA (Sept. 24 - Oct. 23)

Your work place may be in an uproar and you are best to stay out of the line of fire. Co-workers may not be telling you the truth about a work situation. Your lucky numbers are 1,7,3.

TAURUS

(Apr. 21 - May 21)

Someone you least expect may not have your best interests at heart. You may have a hard time relating to children this week. Your lucky numbers are 5,3,2.

GEMINI

(May 22 - June 21) You may want to get involved in

some kind of creative group. Relatives may not be telling you the whole truth about a family situation. lucky numbers are 5,3,8.

CANCER

(June 22 - July 22) Your creative talent will prove to be lucrative if put to proper use. Business trips will result in very profitable ventures. Travel should be on your agenda. Your lucky numbers are 6,8,2.

LEO

(July 23 – Aug. 22)

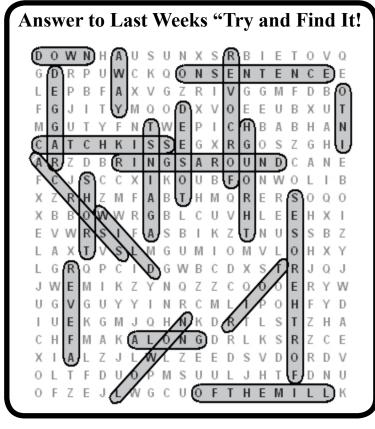
Discord may arise with someone you're close to. Put your efforts into job advancement. You can make money through your own creative efforts. Your lucky numbers are 9,4,2.

VIRGO

(Aug. 23 - Sept. 23)

Your need to get away could lead you into greater debt. Use discretion in your dealings and refrain from making verbal promises of any kind. Your lucky numbers are 8,5,4

Our eyes are always the same size from birth, but our nose and ears



You can help other people with their financial problems by showing them how to set up a budget and reduce their spending. Catch up on any correspondence. Your lucky numbers are 5,3,2.

SCORPIO

(Oct. 24 - Nov. 22) You may be frustrated by the way situations are being handled in your work place. Love and romance are evident. Be cautious while traveling. Your lucky numbers are 3,6,9.

SAGITTARIUS

(Nov. 23 - Dec. 21) Much can be accomplished if you compromise. A quiet restful day just staying in bed or catching up on reading will be your best bet. Your lucky numbers are 4,8,6.

CAPRICORN

(Dec. 22 - Jan. 20) You should put a little extra effort in at work. Your intellectual charm will win hearts and bring opportunities that you least expect. Your lucky numbers are 5,2,9.

AQUARIUS

(Jan. 21 - Feb. 19) Make sure that you have covered yourself legally and try not to let your temper get out of hand. You need to spend time with friends and family. Have a party. Your lucky numbers are 9,5,7.

PISCES

(Feb. 20 - Mar. 20) You may find that others do not do things the way you want. You may be tired of working for someone else. You can make money with your ideas. Your lucky numbers are 2,7,9

Did you know ...?

never stop growing

THE QUEENS TIMES



It was such a beautiful voice, Always sang a beautiful song, It topped The Star Spangled Banner, So meaningful and oh! So strong.

Rest in peace dear songstress Whitney, Your voice forever will live on, Your albums and your performances Continue;-so sad you are gone.

Just Rest In Peace our dear Whitney, This is what our prayers are for you. You have found the hell that's on earth, As did Michael, Elvis and now you.

Michael Jackson and dear Elvis, Their two voices are still living on As yours "I Will Always Love You" And ours-We Will Always Love You.

HITTING On 80, or Those Were The Days by Hyman Auslander

Punch ball, stick ball, stoop ball-

- etal I played them all as I recall
- Now no more Gang Busters, Lone Ranger, Lets

Pretend Old time radio-without end

Now no more

10 cent hot dogs 9 cent movies

5 cent fares

So many happy penny days

Now no more I drowse in my comfy rocker now Dreaming, yearning for those Youngish years of yore Accompanied by a sonorous snore That's all folks Their ain't no more On your way out Don't slam the door.

Council Member Karen Koslowitz **To Speak At The Reform Temple Of Forest Hills**

Council Member Karen Koslowitz, who serves the 29th District of Queens, will speak at The Reform Temple of Forest Hills, 71-11 112th Street, on Tuesday, April 3rd at 8:30pm. She will provide an update on community issues and discuss the New York City budget. This event, sponsored by the Temple's Sisterhood, is open to the public at no charge.

Answer to Last Weeks "Sudoku"								
5	2	3	6	8	1	7	9	4
9	1	4	7	3	2	5	6	8
7	8	6	5	4	9	1	3	2
8	9	1	2	6	4	3	7	5
4	5	2	9	7	3	6	8	1
6	3	7	8	1	5	4	2	9
1	4	8	3	2	6	9	5	7
2	6	9	4	5	7	8	1	3
3	7	5	1	9	8	2	4	6

	SUDOKU Presented by							
	Volunteering begins.							
		9	7		4			
			6	3		1	8	
5					8			
		1				2	4	7
6	4	7				3		
			3					9
	6	2		8	5			
			9		7	5		

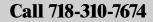
Cvmbals

Horns

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Classified

Oueens-Far Rockaway LAUNDROMAT FOR SALE Lot size 105 X 85 +Hair Salon + many other, Must see Property. **Asking 1.6 million**



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Rows

Uniform

Senator Stavisky, Assemblyman Braunstein, Co-op and **Civic Leaders Announce Important Co-op Legislation**

Senator Toby Ann Stavisky, Assemblyman Edward C. Braunstein, and local leaders announced that they have introduced A9483/ S6573, legislation which would protect Co-ops from incurring excessive legal fees when they successfully challenge an inaccurate city tax assessment. They have also introduced a second measure, A9466/S6572, which would stabilize assessments in the two years following a successful challenge. They were joined by Warren Schreiber, President of the Bay Terrace Community Alliance, James Goldstick, Managing Agent for Bay Terrace Section 8 Co-op, Maddy Hacken, President of Bay Terrace Section 8 Co-op, and Janet Feldberg, Co-president of Bay Terrace Section 8 Co-op.

"As a Co-op shareholder, I understand this problem first hand," Senator Stavisky said. "Inaccurate assessments and the high taxes they bring can cause serious problems for Co-op boards and residents. This legislation would encourage the city to be more careful when preparing projected assessments by having them pay 25% of the legal fees in a successful challenge.

"We have received complaints from many of our constituents who have repeatedly experienced problems with erroneous and unfair assessments," added Assemblyman Braunstein. "That is why we have introduced this legislation which would help to alleviate the financial burden placed on co-op owners for mistakes made by the NYC Department of Finance. It is outrageous that Northeast Queens residents not only have been hit with monstrous assessment hikes during this difficult fiscal period, but that they also have to continue to bear the burden of inaccurate decisions made by the Department of Finance.'

A tax certiorari is the legal proceeding by which a property owner can challenge a municipal tax assessment. Currently, Co-op boards that engage in a certiorari



Pictured L-R: Warren Schreiber, President of the Bay Terrace Community Alliance, Senator Toby Ann Stavisky, Assemblyman Edward C. Braunstein, James Goldstick, Managing Agent for Bay Terrace Section 8 Co-op, Janet Feldberg, Co-President of the Bay Terrace Section 8 Co-op, Janet Wolf, Treasurer of the Bay Terrace Section 8 Co-op, Susan Rotaberg, Secretary of the Bay Terrace Section 8 Co-op, and Susan Rosenbaum, board member at the Bay Terrace Section 8 Co-op.

proceeding are subject to legal fees which may be prohibitive. Furthermore, they run the risk that even if they are successful, the next assessment will also be subject to a challenge. Under the first proposal, a Co-op would pay only 75% of their legal fees in a successful certiorari suit. In the second bill, they would have two years in which assessment increases would be capped at 3% to prevent the necessity of an additional proceeding.

"Many cooperatives and condominiums pay up to 35 percent of the savings gained through certiorari in fees to attorneys. There is no doubt that the fees are punitive in nature," said Warren Schreiber, President of the Bay Terrace Community Alliance. "Certiorari filings not only appeal property valuations, they seek to correct assessment errors made by the NYC Department of Finance. The legislation introduced by Senator Stavisky and Assembly Member Braunstein will level the playing field and ease what is already a

heavy financial burden placed upon the shoulders of middle class residents living in cooperatives and condominiums.'

James Goldstick, Managing Agent for Bay Terrace Section 8 Co-op, also emphasized the financial impact of the current structure of certiorari cases on Co-ops. "A Co-op should not have to spend approximately \$35,000 of legal fees in 2012 after spending \$37,000 in legal fees the previous year as a result of a tax certiorari settlement in 2011," he said. "How can the City agree in a tax certiorari settlement that the market value of a property is worth \$11,847,111 on October 1, 2011 and then increase it to \$15,321,000 three months later?'

'Co-op shareholders deserve the right to have their day in court," Stavisky concluded. "These bills will allow meritorious challenges, and help ease the fear of inconsistent and inaccurate assessments. That change will have a tremendous impact on the quality of life in New York's Co-ops."

VNSNY CHOICE Flushing Caregiver Workshop

200 Queens community residents and family caregivers participated in a free, hour-long community health workshop, Preventing Caregiver Burnout, at the Flushing YMCA. The event was hosted by Senator Toby Ann Stavisky, Assemblywoman Grace Meng, Councilman Peter Koo and VN-SNY CHOICE, a nurse-led health plan for Medicaid and/or Medicare eligible New Yorkers by the notfor-profit Visiting Nurse Service of New York. To ensure better health care for Queens residents, this partnership with VNSNY CHOICE provided those caring for dependent loved ones with information on ways to reduce stress, find help and avoid burnout. Senator Toby Ann Stavisky, Assemblywoman Grace Meng and Alan Hsu from Councilman Peter Koo's office, presented the opening remarks and discussed with residents about their personal stories and struggles with caring for loved ones. VN-SNY CHOICE nurses and social workers were available to address the questions and concerns of the

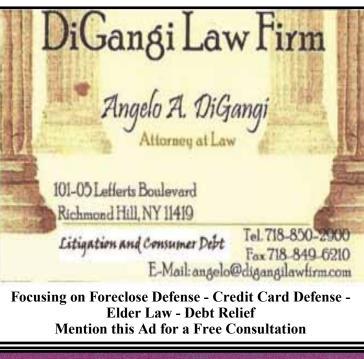


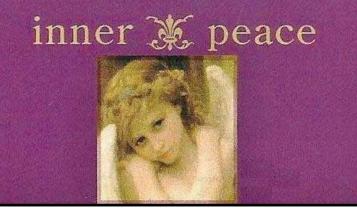
VNSNY CHOICE's Judy Santamaria, Assemblywoman Grace Meng, Senator Toby Ann Stavisky, Alan Hsu from Councilman Peter Koo's office, YMCA's William Nelson. Photo credit: Janet Charles

with the right resources to find relief. For more information please

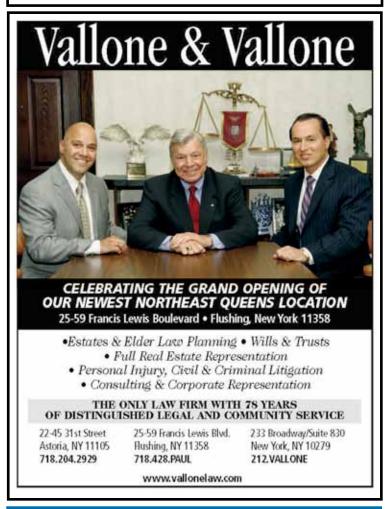
caregivers, as well as provide them visit www.VNSNYCHOICE.org or Call 1-855- AT-CHOICE or 1-855-282-4642.

About VNSNY CHOICE - VNSNY CHOICE is a nurse-led health plan created especially for Medicaid and/or Medicare eligible New Yorkers by the not-for-profit Visiting Nurse Service of New York. Members have an entire health care team at their disposal when they join the plan.





Gifts for the Heart and Homes 79-24 37th Avenue, Jackson Heights, NY 11372 Tel: 718.457.6970 fax: 718.457.6907



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Queens Leaders Meet To Address Train Safety Issues

Elected Officials From Across Queens Met With DEC and Health Department to DiscussMiddle Village Train Concerns Trains Billowing Smoke, Hauling Freight Next To Residences

Legislative leaders from the Borough of Queens met with New York State Department of Environmental Conservation Commissioner Joseph Martens on Wednesday, March 7 to discuss a section of train track running through Middle Villageabutting residential homes.

"This is a crucial issue for residents of that community," said Assemblyman Mike Miller, who had helped push for this meeting "this is an issue of health, safety, and fundamentally quality of life for the people of Middle Village." Attending this meeting were Senator Joe Addabo , Assemblyman Mike Miller, Assemblywoman Cathy Nolan, Assemblyman Rory Lancman, and representatives from the offices of Senator Mike Gianaris, Assemblyman David Weprin, Assemblyman Andrew Hevesi, and New York City Council Member Elizabeth Crowley.

"Many residents of Glendale and Middle Village have had their quality of life greatly reduced due to the idling rail cars, pollution and noise," said Senator Joe Addabbo, "the residents, government agencies, rail industry and elected officials must work together to effect positive change in these long-suffering communities and restore their well-being."

That sentiment was shared by Senator Mike Gianaris, who said, "For too long, Queens residents have been forced to deal with



unbearable noise and foul smells from passing freight trains. I look forward to continuing to work with my fellow Queens representativesand the Department of Environmental Conservation to improve the quality of life in our neighborhoods by ensuring freight train movement is safe, quiet and clean."

"I want to thank Commissioner Martens from DEC and representatives from New York State Health Department for meeting with us to address these serious quality of life concerns we have for Queens residents," said Assemblywoman Catherine Nolan.

"Coordinating with state agencies that are involved in planning for the future health and environment of our state is long overdue, and I thank the Commissioner and his staff for making time to start working on our concerns," said Assemblyman Andy Hevesi.

"As freight traffic continues to increase around residential areas like Middle Village, we must ensure that the safety and quality of life for residents are protected," said Council Member Elizabeth Crowley. "I will continue working with my colleagues in government to advocate for further environmental studies, better equipment, and smarter schedules to alleviate the undue burden rail traffic places on my constituents."

Representing the Department of Environmental Conservation were Commissioner Joseph Martens, Deputy Commissioner Eugene Leff, Assistant Commissioner Jared Snyder, and Director of the Division of Air, David Shaw. Representing the New York State Department of Health were Stuart Sherman, Gena Gallinger, Kevin Gleason, and Elizabeht Lewis-Mitchel of the Office of Environmental Health.

Pictured in the photo of the meeting participants pictured left to right. DEC Deputy Commissioner Eugene Leff; David Rozen, representing Senator Gianaris; Alex Pelletas, representing Assemblyman Andrew Hevesi; Ashley Pillsbury, representing Assemblyman Andrew Hevesi; Assemblywoman Cathy Nolan; Assemblyman Mike Miller; DEC Commissioner Joseph Martens; Senator Joseph Addabbo; Assemblyman Rory Lancman; Assistant DEC Commissioner Jared Snyder; Director of the Division of Air, David Shaw

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Queens' Finest



Addabbo, Miller, Crowley Hold Tax Lien Help Event In Glendale For District Property Owners

NYS Senator Joe Addabbo co-sponsored a free Tax Lien Assistance Outreach Event, along with NYS Assembly Member Mike Miller and NYC Council Member Elizabeth Crowley. Constituents whose tax liens are on the list to be sold and who are struggling with tax lien or other billing issues turned out to get help on Thursday, March 8, to P.S. 91, 68-10 Central Avenue, Glendale (entrance on 68th Place), between 6 - 8 PM. Representatives from the New York City Environmental Protection (DEP), New York City Finance (DOF) and New York City Department of Housing Preservation and Development (HPD) were there to assist residents.



: Seated Front row, L-R - Michael Arroyo, Department of Finance; Robin Washington, Department of Finance. Standing Back row, L-R - Assemblyman Mike Miller; Lee Fiorino, Department of Finance; Senator Joe Addabbo; Pat Hendricks, Department of Environmental Protection's Head of Collections.

CM Jimmy Van Bramer Chairs Cultural Affairs Committee Hearing To Discuss Budget Cuts Aimed At The Arts

HE COUNCIL

Council Member Jimmy Van Bramer chaired the City Council's Cultural Affairs Committee's preliminary budget hearing to discuss Mayor Mike Bloomberg's significant budget cut proposals.

"Fighting these potential budget cuts is a battle I will wage to ensure that our communities are provided with adequate library services and quality neighborhoodbased cultural programming," said Council Member Van Bramer.

A Financial To-Do List For The Recently Widowed by Jason Alderman

Losing your spouse is one of life's most stressful events. Ironically, it's during that time of grief, when you're probably not thinking clearly or focusing on such matters, that you're expected to make many important financial decisions that will impact the rest of your life.

Although there are certain actions you must take right away to ensure your current financial security, several major decisions with long-term consequences should probably be postponed until you've had a chance to reflect on how – and where – you want to spend the rest of your life.

If your spouse primarily handled the finances or you're not up to the task alone, ask a trusted relative or friend to help you sort out the following information:

• Gather legal and financial documents that will give a better sense of where you stand financially, including: wills, trusts and powers of attorney; mortgage and car title; tax returns; bank, loan and credit card statements; safe deposit box contents; insurance plans; and income sources.

• Compile outstanding bills and monitor due dates to avoid late charges or penalties for: utilities; mortgage/rent; health, auto and homeowners insurance premiums; car, student and personal loans; and credit cards. • If your spouse was still working, contact his or her employer regarding unpaid salary, benefits, life insurance and retirement accounts. This is particularly important if they provide your health insurance.

Other critical actions to take within the first month or two include:

• Contact companies where you have joint accounts and convert them to your name only. Also close any accounts that were in his or her name only that you don't wish to maintain.

• If your spouse was eligible for Social Security, you and your children may qualify for Survivor Benefits. Call (800) 772-1213 or visit www.ssa.gov.

• Similarly, if your spouse was a veteran, contact the VA regarding possible survivor benefits (www. vba.va.gov/survivors).

• Pay attention to income tax filing dates, particularly if you file quarterly estimated taxes. While the IRS may waive penalty fees on a late filing or underpayment related to your spouse's death, you're still responsible for any taxes or interest owed. Call 800-829-1040 or read "Filing Late and/

or Paying Late" at www.irs.gov.. Don't make irreversible financial decisions until you've had a chance adjust to your new status.

For example, some people rush

to pay off their mortgage, only to discover later that the house is too large or they can't afford the taxes and upkeep. Others feel pressured to move closer to family members, only to discover that they miss their former life. Other long-range planning sug-

gestions:Rewrite your will and other documents that outline how you'd

like your financial and health matters handled if you die, become disabled or become seriously ill.Until you have a better handle

on your new living expenses, live frugally – especially if you're used to having two incomes. And finally, an update on my

recent column about repaying overdue income taxes. The IRS just announced that for 2011 taxes due April 17, 2011, it will offer a six-month grace period on failure-to-pay penalties for certain taxpayers facing economic hardship. They also doubled the threshold for filing a streamlined installment repayment agreement (where you don't have to supply a detailed financial statement) from \$25,000 in taxes owed to \$50,000.

Jason Alderman directs Visa's financial education programs. To participate in a free, online Financial Literacy and Education Summit on April 23, 2012, go to www.practicalmoneyskills.com/summit2012.

QUEENS LIBRARY'S ROCHDALE VILLAGE ADULT LEARNING CENTER IS EXPANDING

Leaders of Government and Community Launch the Project

New York City Council Member Ruben Wills; New York State Assembly Member Vivian Cook; Borough President Helen Marshall; Queens Library President & CEO Thomas W. Galante; the Friends of the Rochdale Village Adult Learning Center and members of the community ceremonially kicked off the expansion of the Adult Learning Center at Rochdale Village on March 9. The J-CAP choir entertained.

The Adult Learning Center at Queens Library at Rochdale Village will be expanded to more than double the existing space. The Adult Learning Center, one of seven that are part of the Queens Library system, serves hundreds of adult students every year. They are adults who are learning to read, or who are learning to read, write and converse in English, as well as students who are taking pre-GED classes. The \$4.1 million expansion/renovation will include expanded classroom space, more computers and listening stations, more study/conversation group space and a new handicapped-accessible restroom. It is being built on adjacent vacant City-owned property of which the library already had use. The roof and HVAC and fire protection equipment will also be replaced and self service check-in technology will be installed.

Council Member Ruben Wills said, "The new Adult Learning Center will provide expanded opportunities for adults continuing education and older citizens re-entering the workforce. I am pleased to be a part this expansion



Council Member Ruben Wills, NY State Assembly Member Vivian Cook, Borough President Helen Marshall, Queens Library Trustees William Jefferson and Jacqueline Arrington and Queens Library President and CEO Thomas Galante break ground for the expanded Adult Learning Center at Queens Library at Rochdale Village @Dominick Totino Photography

project and would like to commend the Queens Library for their leadership on this."

"I am pleased to support and help secure funding for the Rochdale Village Adult Learning Center. The Adult Learning Center is vital to the adults in our community who want to learn how to read, write, use the computer, and much more. This expansion is great news for the residents of Southeast Queens and I look forward to its doors opening in the fall of 2013," said Assembly Member Vivian Cook.

Borough President Helen Marshall remarked: "The expanded Adult Learning Center at Rochdale Village is a solid investment in the future. When finished, it will be a practical resource for users who want to explore the programs and services it offers to enhance opportunities and career paths in a comfortable, up-to-date modern facility. My office was happy to work with elected officials, the community and the Friends of the Center, and to provide a halfmillion dollars in funding to support this much-needed expansion."

During the construction, the adjacent full-service library will continue its normal operations. The Adult Learning Center will continue to serve the community by holding sessions in the libraries at Rochdale Village and Laurelton. The expanded Adult Learning Center is expected to open for public service in the fall of 2013.

Queens Library joins the community in thanking Borough President Helen M. Marshall; New York State Assembly Member Vivian Cook; Council Member Ruben Wills; Queens Delegation to the New York City Council for funding improvements to the Rochdale Village Adult Learning Center.

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PAGE 9

Queens Sports by Robert Elkin **Moe Harkless Gets Major Honor**

He gradually progressed in almost every game and in every aspect on the court, started all 32 contests, and averaged almost eight rebounds and 15 points a contest, among the leaders in the Big East Conference. He easily made the adjustment from high school and prep school to the college level.

He is already thinking well ahead and about whether or not to enter the National Basketball Association.

This person is Moe Harkless, who already has sights set on playing professionally even though he did not compete on a tremendous St. John's University team that at times struggled.

Harkless, who has the ability to score and rebound extremely well, and the rest of his teammates, are now taking a break from competition. He is recalling his freshman or first year in a Red Storm uniform. However, more important is that he is piling up awards and honors in his initial season competing under interim head coach and assistant coach Mike Dunlap, and head coach Steve Lavin, who has been making a recovery from early season surgery.

The coaches from the 16 member Big East College Basketball Conference named Harkless Rookieof-the-Year, a well deserving honor. During the season most writers and fans alike certainly felt that Harkless would receive such a laurel. And he did! Harkless became only the second player in the history of St. John's to receive such a Big East Conference honor.

"It definitely means a lot to be honored like that," the student athlete said after he got the award and between games of the Big East Tournament at Madison Square Garden.

He played on a Red Storm team that had five freshmen starting and one player coming off the bench.

"This group was very special," he said. "Now we're like brothers. It was a great season. If it wasn't for the guys I wouldn't have been able to get this award."

A versatile player in the Conference and one of the top freshmen in the circuit, he played out of position as he is really a 'three.' Half way into the season he became more vocal and was a team leader.

They play very physical in this Big East Conference," the 6'8" Harkless went on. "Getting his award and playing at home means a lot. My family came to every game and supported me. I can go home and see my family whenever I can.'

"As for the future, the sky is the

limit. Only time will tell." Next for basketball, Harkless

will sit down and talk to the coaches, his family, and teammates.

"We'll come to a conclusion," he went on

Harkless doesn't know as yet what he would do as for the future, for he may work out for various teams. And if he is tempted to go to the NBA right now, the student athlete did say, that this step is every kids'dream.

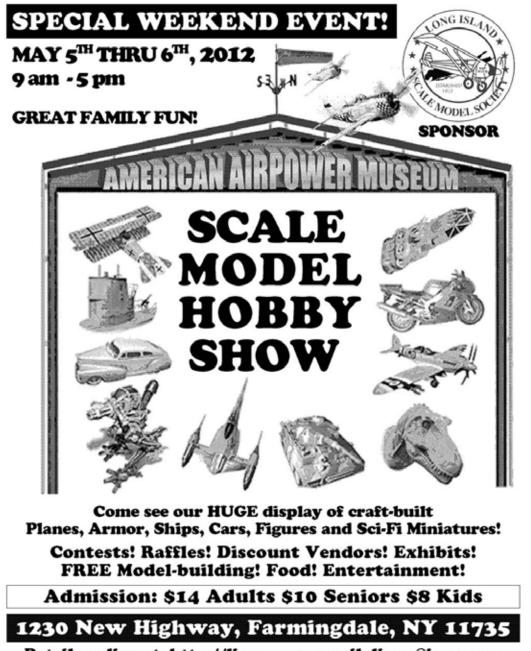
Rookie teammate D'Angelo Harrison, a 17 point a game scorer, wants Harkless, a 15 ppg scorer on his size next year.

"The pressure is to enjoy the time with my teammates," the resident of Jamaica and former student athlete at Forest Hills High School said. "When I came into the season I didn't think about the NBA. "I thought about working hard and helping my team win games."

This year he adjusted right away to the physical play of the college game in preparing for the NBA.

"After I played against bigger and stronger guys, I got a lot stronger this year," he went on.

Now he must work out a little bit on everything or every aspect of the sport for his next step whether it be in the professional game or stay on the collegiate level and continue with college. He'll keep trying to get better every day.



Details online at: http://lisms.org email: lisms@juno.com

Cypress Federation Of America Donates Books To Queens Library



The Cyprus Foundation of American donated copies of the book "Cyprus: Crossroads to Civilization" for each of 62 Queens Library locations on March 8 at Queens Library at Steinway. Pictured are: Loren Amor representing NY Assembly Member Aravella Simotas; Irene Stathos representing NY State Senator Michael Gianaris; Queens Library President & CEO Thomas W. Galante; Koula Sophianou, Consul General of the Republic of Cyprus; Costa Constantinides and Despina Axiotakis of the Cyprus Federation of America; Peter Papanicolaou, Cyprus Federation of America; Diana Chapin, Executive Director, Queens Library Foundation plus members of the Cyprus Federation's executive board.

The Department of Dentistry at Flushing **Hospital Medical Center presents** "Rock Your Smile" Day

February was National Children's Dental Health Month. If you have a baby or toddler, you may have had questions about thumb sucking, when to schedule your child's first dental visit or how and when to clean you child's teeth. On February 29th from 11 a.m. until 2 p.m., the Department of Dentistry at Flushing Hospital hosted "Rock Your Smile Day" in the main lobby of the hospital to answer these questions and more. During this event, parents learned about when children should have their first dental visit, ways to prevent early childhood cavities, when expect changes from primary to permanent teeth, proper brushing and flossing techniques, how to avoid thumb sucking, dental sealants, choosing the right mouth protector for active children and adolescents, and teaching children to say no to tobacco. Parents also learned about the importance of regular dental

examinations. Staff was on hand to help set up Dental appointments for interested parents.

To further celebrate National Children's Dental Health Month, Flushing Hospital's Department of Dentistry was a proud participant of the annual "Give Kids a Smile" Day co-sponsored by the American Dental Association (ADA) and Henry Schein on February 3rd, 2012 and continues with its commitment to reach out to the community.

"Children's teeth are meant to last a lifetime, and a healthy smile is important to a child's self esteem. With proper care, a balances diet and regular dental visits, their teeth can remain healthy and strong," said Dr. Quarcoo.

For more information on this event or to make an appointment, please call 718- 670- 5521. If you're interested in learning more about our Dental Outreach programs, please call 718-670-8707.

110th Precinct Community Council March 2012 Meeting Information

The 110th Precinct Community Council will hold its next meeting on Monday, March 19 at the VFW Hall, 51-11 108th Street in Corona, Queens. The event begins at 7:00 p.m.

The guest speaker will be police officer Keith O'Donnell, who will give a presentation on personal

Deputy Inspector Ronald D. Leyson, Commanding Officer of the 110th Precinct, will also be on hand to discuss crime and quality of life issues, and police officers from the 110th Precinct will receive awards for their achievements.

PASSOVER SEDER

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A seder, conducted by Rabbi Mayer Perelmuter, Rabbi Elizabeth Wood and Cantor Cary Schwartz, will be held at The Reform Temple of Forest Hills, 71-11 112th Street, on the second

night of Passover, Saturday,, April 7th at 5:30pm. The cost of the dinner is \$63 for adults and \$24 for children twelve and under. There is no charge for children under the age of three. For reservations and further information, call the Temple at (718)261-2900.



safety.



Addabbo's Statement Regarding District High School Closures

NYS Senator Joseph P. Addabbo, Jr. (D-Queens), released the following statement today, reacting to this week's announced proposal by the NYC Department of Education to close three high schools in his district:

I said in January after the mayor's State of the City speech that first forecast the three high school closures in my district that I intended to keep working with both the NYS and NYC Department of Education (DOE), the mayor's administration and other involved parties on ensuring the best quality education available to students at the three Turnaround schools, namely Grover Cleveland, John Adams and Richmond Hill High Schools--the total number of high schools in my district. I also wanted to make sure that each student has a seat at the school they currently attend and that parents' concerns were answered. According to Monday's official announcement, the closures are not expected to yield a net loss of seats in Queens or in any of the three buildings. If this proposal is approved, the schools will close at the end of this school year: all current students who have not graduated before school starts in September will be guaranteed a seat and automatically enrolled in the new schools in the same buildings.

Since the two presidential-named schools of John Adams and Grover Cleveland have played an integral role in the character and history of our communities, I've been promoting that any new name should take into consideration and incorporate each school's current name.

As a member of the State Senate Education Committee, I stated two months ago that the navigation process through the Turnaround would not be easy and encouraged all parents to work with their elected officials in obtaining information and addressing their issues with the Restart and Transformation process affecting the quality of their children's education at these schools. The process



improve teacher quality. For more information, copies of the DOE's Educational Impact Statements are available in all three schools' main offices or on its Web site: http:// schools.nyc.gov/AboutUs/ leadership/PEP/publicnotice/2011-2012/April-2012Proposals.

The DOE announcement invites oral comments by calling 212-374-7621 to reach its City District Representative, Elaine Gorman, Division of Portfolio Planning. Written comments should be sent to D24Proposals@schools.nvc.gov for Grover Cleveland, or sent to D27Proposals@ schools.nyc.gov for John Adams and Richmond Hill. The dates, times and locations of joint public hearings for this DOE proposal are:

April 2 at 6 PM, Grover Cleveland High School, 21-27 Himrod Street, Ridgewood, NY 11385

April 5 at 6 PM, Richmond Hill High School, 89-30 114th Street, Richmond Hill, NY 11418

April 19 at 6 PM, John Adams High School, 101-01 Rockaway Blvd., Ozone Park, NY 11417

The Panel for Educational Policy will hold its meeting to vote on the proposal on April 26 at 6 PM, at Prospect Heights Campus, 883 Classon Ave., Brooklyn, NY.

Tech News

Encyclopaedia Britannica to End Print Edition

The oldest English-language encyclopedia, which has been in continuous print since 1768, will end publication of printed editions and move to a digital-only format. Print editions will be available until the current stock of around 4000 sells out. Read the whole story at Reuters

Intel to Provide Internet Television Service?

Intel may be looking to enter the online television game with a pay-television service. Sources close to the world's biggest chipmaker say its started to seek programming rights from media companies and cable channels to make programming available on web-connected televisions, mobile devices and computers. Read the whole story at Businessweek

CM Jimmy Van Bramer Chairs Cultural Affairs Committee Hearing To Discuss Budget Cuts Aimed At The Arts

(Continued from page 7)

"Our cultural institutions and libraries are vulnerable without this funding and I will continue to ensure we do everything to deter this from happening."

According to the Mayor's preliminary budget proposal there would be a 35 percent cut to the Cultural Development Fund and nearly \$100 million in cuts to the City's library systems.

As Chair of the Cultural Affairs and Libraries Committee, Council Member Van Bramer has made it a priority to preserve funding allocated toward cultural institutions, while advocating for less cuts and a heightened awareness be drawn toward the arts in New York City.

Since 2010, Council Member Van Bramer has led the fight to restore nearly \$250 million to cultural organizations and libraries.



Senator Huntley Passes Legislation to Help Heal Our Veterans

Senator Shirley L. Huntley (D-Jamaica) announced that the New York State Senate passed legislation, S.4466-A, to define the responsibilities of the Office of Alcohol and Substance Abuse Services (OASAS) to provide recovery services to our Veterans who are returning home for the Iraq and Afghanistan wars.

"Veterans risk their lives to defend our freedom every day," Senator Huntley explained. "New York State needs to be proactive in ensuring our Veterans receive the proper care they deserve regarding any conditions such as post-traumatic stress disorder (PTSD), or alcohol and substance abuse."

Under the new law, the Office of Alcoholism and Substance Abuse Services, the Division of Veteran Affairs and the office of Mental Health will work together to ensure specialized treatment services are available to our Veterans.

This was an important issue for Senator Huntley due to the fact that St. Albans Veterans Hospital is in her district. Providing care to veterans and services related to substance abuse and mental health will ensure they receive comprehensive treatments. Thousands of veterans visit the hospital every year, and rely on a myriad of services that will ultimately improve their health and well-being.

The National Institute on Drug Abuse performed a study of Army soldiers screened 3 to 4 months after returning from deployment to Iraq showed that; 27 percent met criteria for alcohol abuse and were at increased risk for related harmful behaviors like drinking and driving, and using illicit drugs. Research findings highlight the need to improve screening and access to care for alcohol-related problems among service members returning from combat deployments. Drug or alcohol use frequently accompanies mental health problems and was involved in 30 percent of the Army's suicide deaths from 2003 to 2009 45 percent of non-fatal suicide attempts from 2005 to 2009.

The senator continued, "New York State needs to be proactive with helping our Veterans receive the proper care they need to recover from any medical or mental conditions they may be suffering from as they return home. This bill goes great lengths in aiding these hero's and ensuring their lives home are just as prosperous as when they left."

The bill is awaiting action in the assembly.

Price Of Natural Gas Low Forever? Don't Bet On It!

(Continued from page 3)

called, the ever controversial and environmentally unfriendly "fracking." Industry observers largely agree that this trend is going to continue for the foreseeable future, creating greater demand for natural gas even as the natural gas industry moves to restrict supply.

And finally there's the global economy. Natural gas prices may be low in the U.S. right now, but that is certainly not the case in the rest of the world, particularly in countries such as Germany and Japan, which used to rely heavily on nuclear energy but backed away after the infamous Fukushima meltdown. As a result, natural gas prices in the European market are nearly five times what they are here, and they are

even higher in Asia. The natural gas companies are looking at those markets and salivating as they gear up to become natural gas exporters.

The Department of Energy has already licensed a number of facilities, which were originally constructed to accept Liquid Natural Gas (LNG) imports from other countries, to retool and reposition themselves as LNG exporters.

So what we have, in my humble opinion, is a market landscape for natural gas futures that looks like this. A reduced supply that will be further constrained by two major factors; specifically increased domestic demand from large-scale consumers in the powergeneration industry, and increased exports to foreign markets. Meaning natural gas prices will go up because the law of supply and demand, (and speculation), dictates that they do so. The only question is, by how much? If the natural gas industry has anything to do about it – and they do – you can bet that the increase will most likely be substantial because they control the supply.

So in summary, as it relates to switching your business or family's energy source(s) away from your current energy source do not make a long term capital investment based on perceived, short-term, pricing economics. As it has in the not-too-distant past, the energy pendulum will surely swing the other way!

John Maniscalco is the Chief Executive Officer of the New York Oil Heating Association.

What Your Feet Are Trying To Tell You

There's nothing normal about pain. Whether it's a toothache, lower back pain, or stomach woes, we should pay attention to what our bodies are trying to tell us. But many people think it's normal for our feet to hurt. After all, we're on them all day. And we sometimes abuse them by stuffing them into shoes that are too tight or heels that are too high. The fact is, when our feet hurt, they could be giving us clues about our health. And just as we wouldn't visit an optometrist when we have a toothache, we should leave foot problems to the trained specialists in the field: doctors of podiatric medicine.

The New York State Podiatric Medical Association, which is the largest and oldest organization of its kind with over 1,200 members across the state, offers advice for some of the most common foot ailments.

Blisters are caused from shoes that don't fit properly or that are too stiff. The remedy: Keep feet dry and wear socks with shoes that are properly fitted. Never pop a blister. But if painful, carefully open with a sterilized instrument, such as a sewing needle, drain and immediately apply antibiotic cream and a bandage.

A bunion is a bump (a protrusion of bone) at the base of the big toe that is swollen, tender or painful. Bunions can be caused by misalignment of the joints, heredity, trauma or other health issues and are aggravated by ill-fitting shoes. Avoid pointy, narrow shoes with stitching or seams that rub the affected area. If painful, apply an ice pack to the area and if pain persists, bunions can be removed surgically by a podiatrist.

Foot odor or bromohidrosis is caused by perspiration from the more than 250,000 sweat glands in the foot. Sweaty, smelly feet can be remedied by keeping shoes and socks dry, or by wearing socks that wick away moisture. Rubbing cornstarch or spraying an antiperspirant directly onto your feet can also solve this common problem. Give shoes a spray of Lysol when not in use.

Fungal nails are caused by trauma or an infection to the nail that makes it thick, discolored, loose or deformed. It is often caused by athlete's foot, but may be an indication of conditions such as diabetes or arthritis. To treat this disorder, a podiatrist will prescribe medications such as Keralactic Gel, oral antifungal medication or a laser treatment.

Ingrown toenails are caused by improper trimming or tight fitting shoes and also can be a result of foot structure, heredity, trauma or foot deformities. Redness, pain or swelling

(Continued on page 11)

THE QUEENS TIMES

LEGAL NOTICES

TICESLEGAL NOTICES08/09. SILOFile No. 2011-2650

Index Number 19008/09. SILO MORTGAGE OPPORTUNITY FUND SUSAN LYNN BORKO, ESQ.,

SUPREME COURT - COUNTY OF QUEENS

S I L O M O R T G A G E OPPORTUNITY FUND I, LLC, Plaintiff

against ZDZISLAW CZERNY, et al Defendant(s).

Pursuant to a Judgment of Foreclosure and Sale entered herein and dated September 28, 2011, I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, 88-11 Sutphin Blvd., in Courtroom #25, Jamaica, NY on the 30th day of March, 2012 at 11:00 AM premises situate. lving and being in the Borough and County of Queens, City and State of New York, bounded and described as follows: BEGINNING at a point on the Northerly side of Jamaica Avenue, distant 22.03 feet Westerly from the corner formed by the intersection of the Northerly side of Jamaica Avenue with the Westerly side of Woodland Avenue; being a plot 96.98 feet by 19 feet 6 inches by 97.85 feet by 19.52 feet. Block: 8868 Lot: 31. Said premises known as 89-19 JAMAICA AVENUE, WOODHAVEN, NY Approximate amount of lien \$520,619.34 plus interest & costs. Premises will be sold subject to provisions of filed judgment and terms of sale. Index Number 19008/09.

SUSAN LYNN BORKO, ESQ., Referee. KRISS & FEUERSTEIN LLP Attornov(c) for Plaintiff 200

Attorney(s) for Plaintiff 360 Lexington Avenue, Suite 1200, New York, NY 10017. 3/1,8,15&22/2012

KATMICK REALT Y LLC Articles of Org. filed NY Sec. of State (SSNY) 2/7/12. Office in Queens Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 672 Old Mill Rd., Ste. 102, Millersville, MD 21108-1363. Purpose: Any lawful purpose. Principal business location: 52-27 35TH St., Long Island City, NY 11101. 2/23,3/1,8,15,22&29/12

KEFALONIA TAXI LLC, a domestic LLC. Arts. of Org. filed with the SSNY on 02/03/2012. Office location: Queens County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: 11-06 Broadway, Astoria, NY 11106. Purpose: Any Lawful Purpose. 3/8,15,22,29,4/5&4/12/2012

Notice is hereby given that license, serial #1261370 for beer, wine and liquor has been applied for by the undersigned to sell beer, wine and liquor at retail in a restaurant under the Alcoholic Beverage Control Law at 160 Beach 116th St., Rockaway Park, NY 11694 For On-premises consumption; 160 Beach Restaurant Corp. 3/8&15/12 FILE NO. 2011-2650 CITATION SURROGATE'S COURT, Queens COUNTY THE PEOPLE OF THE STATE

OF NEW YORK, By the Grace of God Free and Independent TO: CATHERINE KELLER DOMINIANNI, and the heirs at

law, next of kin and distributees of Lillian King, deceased, if living, and if any of them be dead to their heirs at law, next of kin, distributees, legatees, executors, administrators, assignees and successors in interest whose names are unknown and cannot be ascertained after due diligence. PUBLIC ADMINISTRATOR. COUNTY OF QUEENS A petition having been duty filed by MARLENE BICKEL who is/are domiciled at 111 New Hyde Park Road, Garden City, New York 11530, United States

YOU ARE HEREBY CITED TO SHOW CAUSE before the Surrogate's Court, Queens County, at 88-11 Sutphin Blvd., Jamaica, New York on April 19, 2012, at 09:30 o'clock in the Forenoon of that day, why a decree should not be made in the estate of LILLIAN KING lately domiciled at 82-29 259th Street, Floral Park, New York 11004 United States admitting to probate a Will dated January 5,2005 (and Codicil(s), if any, dated), a copy of which is attached, as the Will of LILLIAN KING deceased, relating to real and personal property, and directing that: [x] Letters Testamentary issue to MARLENE BICKEL [] Letters of Trusteeship issue to [] Letters of Administration c,t.a. issue to [] Further relief sought (if any): Dated, Attested and Sealed, FEB 21, 2012 Seal HON. PETER J. KELLY Surrogate MARGARET M. GRIBBON Chief Clerk J. Randolph Hundertmark Name of Attorney Hahn, Ford and Hundertmark Firm (516) 747-4855 Tel. No. 10S Hillside Avenue, Suite "B", Williston Park, New York 11596 Address NOTE: This citation is served

NOTE: This citation is served upon you as required by law. You are not required to appear. If you fail to appear it will be assumed you do not object to the relief requested. You have a right to have an attorney appear for you.

3/1,8,15&22/2012

HOUSEBAR PRODUCTIONS LLC Arts. Of Org. filed with Secy. Of State of NY (SSNY) on 02/03/2012.Office in Queens County. SSNY designed agent of LLC upon whom process against it may be served. SSNY shall mail process to Ryan Maslyn. 25-18 36th Ave. Astoria, NY 11106 Purpose General 3/8,15,22,29,4/5&12/2012 **LEGAL NOTICES** METRO SOMEKH LLC Articles of Org. filed NY Sec. of State (SSNY) 2/15/12 as METRO SOMEHK LLC. Office in Queens Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 84-14 143rd St., Briarwood, NY 11435. Purpose: Any lawful purpose.

3/8,15,22,29,4/5&4/12/2012

8th Rank Records LLC. Arts. Of Org. filed with Secy. Of State of NY (SSNY) on 1/27/2012. Office in Queens County. SSNY designed agent of LLC upon whom process against it may be served. SSNY shall mail process to Enrae Mercer. P.O. Box 120461, Saint Albans, N.Y. 11412. Purpose: General. 3/1,8,15,22,29 & 4/5/2012

Notice of Qualification of HALLMARK AVIATION SERVICES, L.P. Authority filed with Secy. of State of NY (SSNY) on 02/29/12. Office location: Queens County. LP formed in California (CA) on 06/09/89. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to Corporation Service Co., 80 State St., Albany, NY 12207-2543. Name and addr. of each general partner are available from SSNY. CA addr. of LP: 5757 W. Century Blvd., Ste. 860, Los Angeles, CA 90045. Arts. of Org. filed with CA Secv. of State; Corp. Div., 1230 J St., Sacramento, CA 95814. Purpose: Any lawful activity. 3/8,15,22,29,4/5&12/2012

THE LAW OFFICE OF FRANK T. DI PIAZZA, PLLC, a domestic PLLC, Arts. of Org. filed with the SSNY on 2/15/12. Office location: Queens County. SSNY is designated as agent upon whom process against the PLLC may be served. SSNY shall mail process to: Frank Di Piazza, 66-31 Fresh Pond Rd., Ridgewood, NY 11385. Purpose: Law.

3/15,22,29&4/5,12&19/2012

117 GUY R. BREWER REALTY, LLC Art. Of Org. Filed Sec. Of State of NY 09/12/2005. Off Loc: Queens Co. SSNY designated as agent upon whom process against it may be served. SSNY to mail copy of process to THE LLC, 145-14 Jamaica Avenue, Jamaica, NY 11435. Purpose: Any lawful act or activity.

3/15,22,29,4/5,12&19/2012

New York City Sport Center LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/15/11. Office in Queens County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail process to Boon Huat NG, Kok Ming Hee, 31-22 College Point Blvd, Flushing, NY 11354. Purpose: General. 3/15,22,29,4/5,12 & 19/2012

LEGAL NOTICES

SUMMONS AND NOTICE-

SUPREME COURT OF THE STATE OF NEW YORK, COUNT Y OF QUEENS -GALAXY ASSETS CORP. against VANESSA WILLIAMS **AŠ ADMINISTRATRIX OF THE** ESTATE OF RITA MUNGIN A/K/A RITA D. MUNGIN A/K/A RTTA SINISTERRA, Defendants-Indexno.. 42842/10. Plaintiff designates Queens County as the place of trial situs of the real property. To the above named Defendants-YOUAREHEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance on the Plaintiffs Attorney within 20 days alter the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the Stale of New York) in the event the United States of America is made a party defendant, the time to answer for the said United States of America shall not expire until (60) days after service of die Summons; and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. The foregoing summons is served upon you by publication pursuant to an order of the Honorable David Elliot filed on March 5,2012. The object of this action is to declare the interests of the parties concerned and for sale of the premises and partition of the proceeds in accordance with the declared interests against real property situated in the County of QUEENS, City and State of New York: 137-55 234th STREET, ROSEDALE, NY located at Block 12658 and Lot 16.0. Dated: October 12, 2011 Berkman, Henoch, Peterson & Peddy, P.C., Attorney for Plaintiff; By: Jonathan M. Cohen, Esq., 100 Garden City Plaza, Garden City, NY 11530 (516) 222-6200.

Notice is hereby given that an Order entered by the Civil Court, Queens County on 3/5/12, bearing Index Number NC-000073-12/QU, a copy of which may be examined at the office of the Clerk, located at 89-17 Sutphin Boulevard, Jamaica, NY 11435, grants me (us) the right to: Assume the name of (First) KENRICK (Middle) EGBOT (Last) SUBERO. My present name is (First) KENRICK (Middle) E (Last) SUBERO AKA KENRICK EGBOT SUBERO, AKA KEMRICK EGBOT SUBERO. AKA KENRICK SUBERO, AKA EGBOT SUBERO, AKA EGBERT. My present address is 150-25 118th Ave., Jamaica, NY 11434. My place of birth is Trinidad & Tobago. My date of birth is February 21, 1936. 3/15/12

3/15,22,29&4/5/2012

LEGAL NOTICES

Notice is hereby given that an Order entered by the Civil Court, Queens County on 1/3/12, bearing Index Number NC-001035-11/QU, a copy of which may be examined at the office of the Clerk, located at 89-17 Sutphin Boulevard. Jamaica, NY 11435, grants me (us) the right to: Assume the name of (First) Willian (Last) Knapic. My present name is (First) Vilian (Last) Knapic AKA Willian Knapic AKA William Knapic. My present address is 44-18 28th Ave. Apt 2F, Astoria, NY 11103. My place of birth is Flushing, NY. My date of birth is April 19, 1975. 3/15/12

The New York State Department of Motor Vehicles has APPROVED the New York Safety Program IPIRP course for all users. For further information please call 718-224-7385 or visit: **queensnysp.com**

Available

Online

New York Elmhurst Friendly Society Makes Donation to Library



(left to right): Lester Fong, president, New York Elmhurst Friend Society; Yasha Hu, manager, Queens Library at Elmhurst; Peter Wayne, Associate Director, Queens Library Foundation.

The New York Elmhurst Friendly Society has donated \$1,567.66 to benefit Queens Library at Elmhurst. The donation was presented by Lester Fong, president of the group, to the Queens Library Foundation. Mr. Fong is also the president of the Friends of the Elmhurst Library. The gift will be used to purchase books and other library materials.

What Your Feet Are Trying To Tell You

(Continued from page 10)

around the nail is the resulting condition. Visit a podiatrist at the first sign of an ingrown nail to see what the best treatment might be. Avoid tight fitting shoes and inspect nails daily. Be sure to trim nails straight across using a toenail clipper, and do not round the edges.

Plantar fasciitis or heel pain can be the result of weight gain and excessive pressure on the bottom of the heel or arch, or a number of other causes such as muscle imbalance, bony overgrowth on the heel or trauma. Exercise and stretching feet daily can help and a podiatrist will ascertain whether medications or in-show orthotic devices are necessary. Wearing supportive shoes is also recommended.

Tendonitis is caused from overuse due to an increase in physical activity. Wearing ill- fitting or worn out shoes could also be the culprit. Rest and ice will provide some relief, and your podiatrist will determine if anti-inflammatory or topical treatments are appropriate treatments.

These common foot problems as well as broken bones, sports injuries and diabetic wound care are treated by podiatrists. Visit nyspma.org to find a member of the New York State Podiatric Medical Association in your community.

The New York State Podiatric Medical Association (NYSPMA) is a not-forprofit, voluntary professional association uniting 3 of every 4 doctors of podiatric medicine (DPMs) in New York State. NYSPMA is the largest statewide component of the American Podiatric Medical Association and its affiliated national network of certifying boards and professional colleges. Established in 1895, it is the first organization of its kind in America.

BP Marshall and Borough Board Members Review \$259 Million Budget



Queens Borough President Helen Marshall and members of the Borough Board go over almost \$259 million in Budget Priorities before voting to approve the package, which now goes to the Mayor and City Council, at Borough Hall meeting, Monday, March 12th. At left are City Councilmen (L-R): Peter Koo, Eric Ulrich and Mark Weprin.

Delegate Assembly of the QJCC



Shown are Congressman Gary Ackerman and Bob Turner who spoke recently at the Delegate Assembly of the Queens Jewish Community Council (QJCC) at the Young Israel of Hillcrest. The Congressman spoke about the Crisis with Iran, Israel's Well Being, Homeland Security and Economic Issues. Congressman Ackerman gave an hour long evaluation of the Middle East Issues worthy of what former Congressman Ben Rosenthal would have presented. The QJCC then elected Officers for the coming year. Photo by Edna Harris.

Assemblyman Goldfeder Joined The Indo-Caribbean Parade In Richmond Hill To Celebrate The Beginning Of Spring



On Sunday, Assemblyman Phil Goldfeder (center), Senator Joseph Addabbo (left), and Community Board Chair Betty Braton (right) joined in the Phagwah Parade, a traditional Indo-Caribbean Parade and marched through the streets of Richmond Hill with thousands covered in colorful pastels to celebrate the beginning of the new season known as Holi, the Hindu festival of spring.



The Affordal Plus: Vision, Prescrip Many Dentists In Yo Immediate Coverage www.newyorkplansplus.	ur Area	Individual Plan Per/Year	VE UP TO 80% \$69 Family Plan 2-10 family members. w:718-644-8561		
General Dental Procedure	Average Cost Non-Members Pay To The Dentist	New York PlansPlus Members Pay	New York Plans Plus Members Save		
6 Month Check Up	\$90	\$11	\$49 1		
Routine Cleaning	\$90	\$30	\$49 T \$60 00		
Root Canal (Anterior)	\$600	\$289			
Crown (Porcelain)	\$995	\$505	\$311 00 \$490 insurance \$100 an \$920 ee		
Tooth Extraction	\$150	\$55	\$100		
Complete Upper Denture	\$1495	\$575	\$920		
Filling (Amalgam)	\$110	\$40	\$70		
X-Ray (Full Mouth)	\$140	\$40	\$100		

